

SCHOOL OF HOLISTIC DEVELOPMENT



Creating
Winning Personalities
& Comprehensive
Global Professionals

School of Holistic Development

Creating Winning Personalities and Comprehensive Global Professionals

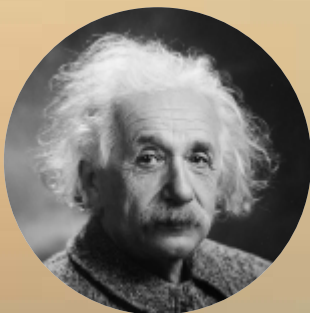


As **Swami Vivekananda** said, “There is a need for education through which knowledge is imparted, character is formed, strength of mind is enhanced, the intellect horizon is expanded which will help individuals to stand on their own feet and work towards nation building at large”. This can ideally be said as

'Holistic or Pragmatic development of individuals for the betterment of society at large.'



Spiritual Leader Dalai Lama observes civilization today is more premised on materialistic values. They are more outward/ extrovert and hungry in search of peace and happiness through material gain. There is no question on quest to make life easier and simpler.



While a strong ideology is professed, scientist like **Albert Einstein** showed the path to practice the ideology. He said,

'I never teach my disciples. I only provide the conditions in which they can learn'



Vision

School of Holistic Development aims to foster wholesome progress and nurtures the learners' intrinsic beliefs in a healthy and compassionate environment thereby empowering human values and promoting meaningful existence.

Mission

We at SHD, see the world as a vast interconnected, organic tapestry. In this infinite lattice work, we are creating a world in which ideally every one's and every thing's needs and desires are included, considered, respected, honoured and empowered. We are one of its kind school where the neophyte to veteran's journey is carefully graphed while keeping their innocence intact; and thereby creating winning personalities. We are the pioneers in the making.

Philosophy

MIT-ADT University (MIT-ADTU) endeavors to provide world class, value based high quality education through all its constituents. MIT-ADTU aims to create and nurture the 'Wholesome' Personality of a student to build Winning Personalities and Comprehensive Global Professionals enabling them to meet challenges of career as well as life with skills, sensibility and sense of responsibility towards society and humanity. School of Holistic Development emphasizes on enhancing Employability of students by building Skills, Competencies and Multiple intelligence, Character, Values of Life through Integral Education (समग्रशिक्षण).





Governing Body

Dr. Vishwanath D. Karad	President
Dr. Mangesh T. Karad	Executive President
Dr. Sunil Rai	Vice-Chancellor
Dr. Suresh G. Ghaisas	Member
Prof. Prakash Joshi	Member Educationist
Dr. Chandrakant Pandav	Member
Prof. Rahul V. Karad	Member Educationist
Dr. Anand Deshpande	Member, IT Representative
Dr. Arvind Sitaraman	Member, Industry Representative
Mr. S. R. Phophale	Member, Industry Representative

Board of Management

Dr. Sunil Rai	Vice-Chancellor
Dr. Mangesh T. Karad	Member
Prof. Rahul V. Karad	Member Educationist
Dr. Sunil Karad	Member, Sponsoring Body
Ms. Swati Chate	Member, Sponsoring Body
Dr. Suchitra U. Nagare	Member, Sponsoring Body
Prof. Anant Chakradeo	Dean, Design Faculty
Prof. Subodh Devgaonkar	Dean, Maritime Faculty



MIT-ADT
UNIVERSITY
PUNE, INDIA
A leap towards World Class Education

MIT Art, Design & Technology University, Pune

Situated about 25 kilometers from Pune, is MAEER's premium campus, Raj Baug. This campus was declared a Private State University and was named MIT- Art, Design and Technology University in 2015. Catering to students from over 13 different institutions, this campus is home to innovation, technology and pursuit of excellence.

MIT Art, Design And Technology University, Pune is home to over 5000 students enrolled in over 113 various courses for undergraduate, post graduate and specialised post graduate programs. The campus is equipped with residential, sports and cultural facilities and provides transportation to the city as well.

All 13 colleges enlisted under the MIT-ADT University have made a mark in the industry with their relentless efforts in ensuring academic as well as overall development of their students. While the primary focus is on building academic excellence through theoretical as well practical knowledge, the institutions have also published research

papers and books. With innovation in the methods of imparting knowledge, the institutions have maintained their ranks nationally. The Rajbaug campus has been functional for past 12 years and has hosted highly accredited institutions. The Marine Engineering Institution and the Design Institution, both rank 5th nationally in their respective sectors. The recognition as a University has fueled the inception of many other specialised and novel programs such as Aerospace engineering, Architectural Design, Project Construction, Infrastructure Management, Energy Engineering, Vedic Studies.

This multi-disciplinary campus is the reflection of the beliefs and values imbibed by the Father Founder Prof. Dr. Vishwanath D.Karad. His belief in the principles of self disciplinary actions, yoga and community service have shaped the University to a great extent. Students are encouraged to participate in various on-campus activities, various forums and are made a part of many start-up initiatives to inculcate the culture of entrepreneurship amongst them.



Education is the most important medium that enables everyone to increase the horizon of thoughts and imagination. In the ever-changing global scenario and in marching towards a successful and meaningful life, education bestows upon us the ability to choose to learn, unlearn, and relearn while evolving processes to progress in life.

While there has been marked progress and research in field of education through inventions, the application of such knowledge for the betterment of society at large is not creating a Win-Win situation. Macro level impact on the society at large will have roots in every individual's micro level development. A development is complete only when all the aspects of the personality are addressed in detail. Being a part of MAEER, at MIT-ADT University, we work on guiding principle of creating 'Winning Personalities' in the making. Undergraduate are in their most vibrant stage of life. A student is at a crucial juncture because; he/she is at nearing end of education and would be venturing into Professional life. It becomes more important to evaluate at this stage of what all will make overall development of personality. Development of personality includes sound body, mind, psychology, personality & value system. If today, this is not thought about, tomorrow, we may not have time to think and which may impact our life forever.

The Entire globe today is witnessing and experiencing the mind boggling scientific and technological developments like artificial intelligence, internet, web management on one hand and total chaos, confusion, clashes, conflicts, terrorism, bloodshed and massacre in the name of caste, greed or religion on the other hand. In midst of this challenging environment, in order to promote good character building among the young generation, MIT-ADT University, strictly follows the ethos of value-based education, in accordance with MAEER's philosophy. The School of Holistic Development has been instituted to address the above needs of the education system today.



Hon'ble Prof. Dr. Vishwanath D. Karad
Founder, MAEER's MIT Group of Institutions, Pune.
President, MIT-ADT University, Pune.



Prof. Dr. Mangesh T. Karad
Executive President,
MIT ADT University Pune

Dear Students,

MIT School of Holistic Development endeavours to nurture 'Wholesome Personality' of students to create Winning Personalities and Comprehensive Global Professionals, well equipped with knowledge, skills, competencies, values, and ethical orientation - continuing to tend the tree expanding its branches whose seed was sown on 2nd August 2018 with a vision to create winning personalities enabling them to meet challenges of a career with a sense of responsibility towards society and humanity.

The school mainly works on five aspects of integral education called 'Panch Kosha System' of Indian perspective for holistic development. Panch Kosha denotes five dimensions of human personality - Stability, Vitality, Clarity, Wisdom and Bliss, which we consider the secrets of creating winning personality. School of Holistic Development cultivates a unique value system and thought process among our students by offering various programs.

In the first year, we develop English for Communication for all students to take their communication skills to the next level which is required to groom their professional personality, while also taking care of the health of students through various initiatives like yoga, swimming, gym, PT and so on.

The second year, we build the inner self through experiential courses and lectures from the School of Vedic Sciences. These programs not only keep the students physically fit but also make them imbibe values for life and build character. A monotonous life can create stress and boredom thus we believe in nurturing the hobbies of students by offering courses on Art, Dance, Music, Painting, Sculpture, Photography, Literature, Design etc., to nurture creativity by shaping their personality and open many avenues to develop their aesthetic sense.

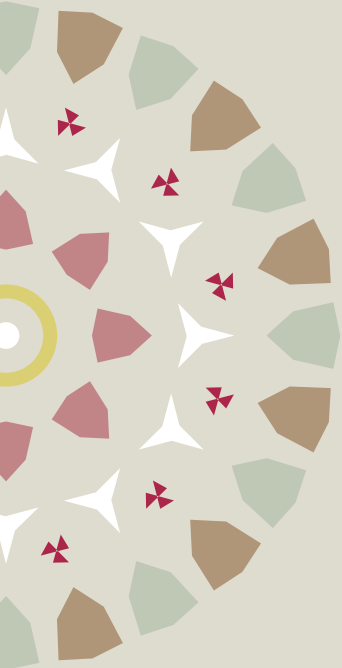
In the third year, we jump-start the career of the students and build industry required employability skills so that students can either start their own company or else get placement in reputed companies. Domain skills, Life Skills, and Work-Life Balance are the key components of the Career Development Centre (CDC). CDC is equipped with the most comprehensive curriculum which assures the students achieve employment goals. Exposure to Foreign Languages help them to explore international opportunities for higher education, research and career.

Holistic development is the sustainable way of the future and the SHD team is committed to creating responsible and wise individuals who don't wait for opportunity but create it, who face failures with courage and success with commitment. With a sense of pride and immense satisfaction, we enunciate that School of Holistic development will be the milestone in MIT-ADT University's history which will set the highest benchmark for developing student's personality not only in India but across the globe. Friends, the opportune time to transform your life awaits you right here. We do hope you take this opportunity and make the most of the best that is offered to you.

Best wishes and good luck for your transformation!

Establishing **MIT SCHOOL OF HOLISTIC DEVELOPMENT**
with a vision to create winning personalities enabling
them to meet challenges of a career with a sense of
responsibility towards society and humanity.





Dear Students,

MIT Art, Design and Technology University, the Maharashtra Govt.'s 5th Private State University, promotes excellence in higher education to meet national & global challenges, towards accomplishing its mission of nation building crafted by our founders. The university in pursuance of the unique and pioneering approach of providing world quality multi-disciplinary education offered at one campus, presents opportunity of holistic development to the students in preparing them to meet challenges of dynamically changing technical and social environment and finding right and timely solutions.

The University inculcates the spirit of creativity (Art), the capability to architect lasting solutions to complex problems (Design) and resolve to implement dependable techniques of execution (Technology) among students to undertake roles as builders of progressive society.

With this unique blend of ART, Design & Technology MIT-ADTU crafted the vision for Social Engineering in order to make our students good at health, fitness, communication and imbibe the essence of life through value and spiritual education so that they can be good human being and contribute to the society in its larger interest. The MIT-ADT University in its very first experiment of Social Engineering has come up with flying colors and excelled in academics, curricular activities and research, true to the finest traditions of the MAEER's MIT Group Institutions by establishing School of Holistic Development in 2018. We, at MIT-ADT University, through School of Holistic Development emphasize on making our students' future ready by nurturing multiple intelligence through integral education: Physical; Intellectual; Innovation and Creativity; Values and Spirituality to develop into wholesome personality.

Dr. Sunil Rai

Vice Chancellor, MIT-ADT University, Pune

Creating Winning Personalities and Comprehensive Global Professionals

Preamble

The core philosophy of the MAEERS group as ingrained into the culture of the MIT-ADT University, is to develop "Winning Personalities". As articulated by our founding father, Prof. Dr. Vishwanath Karad and reiterated by the Executive President of MIT-ADT University, Prof. Dr. Mangesh T Karad, the winning personality encompasses the virtues of 'Physically Strong, Mentally Alert, Innovative Outlook, Morally Straight and Spiritually Enlightened'.

Program Objectives:

- To enhance physical and emotional strengths and overcome weakness.
- To imbibe values for life and to build character.
- To be physically fit, mentally alert and spiritually awakened.
- To become responsible and wise human being and successful professional in pursuit of excellence in career and life.
- To respect Parents, Teacher, Family, Relations, Nation, Humanity and Environment.
- To inculcate 'Universal Brotherhood' (विश्वबंधुत्व) to contribute remarkably and sustainably towards society, nation, humanity and environment.
- To take success with commitment, peace of mind, happiness and content.
- To face failures with courage without losing self-esteem and real identity.
- To start journey of self - awareness, self-realization and self- discovery.
- To identify one's own mission of life for purposeful and meaningful living.

Indic Approach of Holistic Development through 'Pancha-Kosha' of Human Personality

'Bhrigu Valli' of 'Taittiriya Upanishad' (Verse 5; Anuvak 10) has deciphered the five koshas (Sheaths) of human personality, enabling to reveal and construct those secret five sheaths to identify one's own personality.

एतमन्नमयमात्मनोपसङ्क्रम्य ।
एतं प्राणमयमात्मनोपसङ्क्रम्य ।
एतं मनोमयमात्मनोपसङ्क्रम्य ।
एतं विज्ञानमयमात्मनोपसङ्क्रम्य ।
एतमानन्दमयमात्मनोपसङ्क्रम्य ।
(भृगुवल्लोकात्तैत्तिरीयानुषद)



School of Holistic Development inspired with this Indic approach has designed a unique model of creating and fostering wholesome personalities by appending the core curriculum of chosen areas of study with specific courses to cater for other intelligence through Integral Education.

KOSH ATTRIBUTES

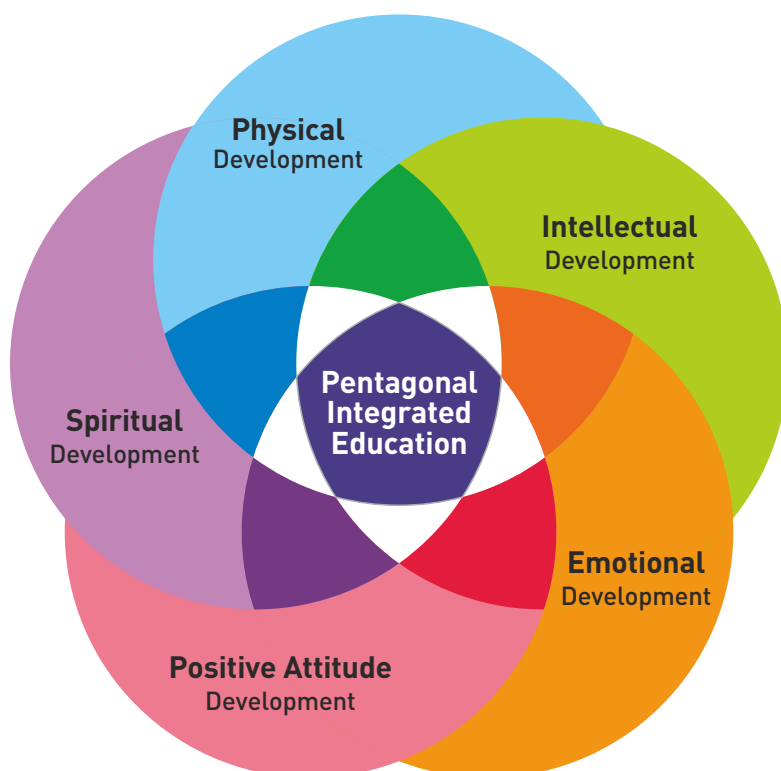


Pentagon of Integral Education

The school will mainly work on five aspects of integral education called as 'Pentagon of Integral Education'. The five approaches or tools have been derived from the above mentioned 'Pancha Kosh' system of Indian perspective of Holistic Development.

The 'Pentagon' emphasizes Physical, Emotional, Psychological and Intellectual Development and Spiritual Awakening.

This program at School of Holistic Development will work at levels of senses and for healthy body; mind, emotions and psychology; skills and competencies for technical and intellectual enhancement, responsible behavior towards society and environment, yoga, values and spirituality to achieve the final objective of self-realization, self-discovery and finding out one's own real life purpose.



SHD Program Structure



Year	Sem	Course	Credit	Cord
1	1	Communication 1 (UCC)	2	SHD
	1	Health 1 (UCC)	2	SHD
	2	Communication 2 (UCC)	2	SHD
	2	Health 2 (UCC)	2	SHD
			Culture and Sports	*
2		Spirituality (UCC) 1	1.5	SHD
	3	a) Creative Courses 1 (for Technical Institutes) (UCE) 1	2	SHD
		b) Adv Technical Courses 1 (for Non - Technical Institutes) (UCE)2 Spirituality (UCC) 2	1.5	SHD
	4	a) Creative Courses 2 (for Technical Institutes) (UCE)1	2	SHD
		b) Adv Technical Courses 2 (for No-Technical Institutes) (UCE) 2		SHD
			Culture and Sports	*
3	5	Foreign Language 1 (UCC)	2	SHD
	5	Entrepreneurship 1 (UCC)	1.5	
	6	Foreign Language 2 (UCC)	2	SHD
	5	Entrepreneurship 2 (UCC)	1.5	
	6	Career Development Centre 1	0	SHD
			Culture and Sports	*
4	7	VAP1	2	
	7	Career Development Centre 1	0	
	7	VAP2	2	
	8	Career Development Centre 2	0	SHD
			Culture and Sports	*
		Total Development Credits	26	

Legend

University Common Compulsory
 University Common Electives
 Recorded for the Whole Year

UCC
 UCE
 *

1 List of Creative Courses is given on page no - 18

2 List of Adv Technical Courses is given on page no - 23

“ If you fail, never give up because
F.A.I.L. means "First attempt in learning"
End is not the end, in fact
E.N.D. means "Effort Never Dies"
If you get NO as an answer,
remember N.O. means "Next Opportunity"
So Let's be positive ”

- Dr. A. P. J. Abdul Kalam



1st Year Courses

UNIVERSITY COMPULSORY COURSES

- English for Communication
- Health Practices

(Semester I & II) 4 Credits Per Semester



Positive attitude... a way of life.

Revive your Mind, Body and Soul

Success and welfare are the two main aspects that we envision in life. Each one of us has different perception of what success is and follow various paths to welfare, but underlying desire is same.



Obstacles are encountered on this path and we aspire to remove it but instinctive reactions aren't always the wittiest way to resolve them. When hurdles are so complex, solutions come with ease when you stay cool minded. In today's nuisance, from youth to aged people everyone is under the spiral of stress and anxiety. Holistic approach focuses on thinking about bigger aspects of life. When you are at a learning stage you should be composed enough to face difficult situations. Holistic addresses an individual with physical, mental and emotional health.

'Bhriḡu Valli' of 'Taitteriya Upanishad' (Verse 5; Anuvak 10) has deciphered the five Koshas (Sheaths) of human personality, enabling to reveal and construct those secret five sheaths to identify one's own personality. It emphasizes on Physical, Emotional, Psychological and Intellectual Development and Spiritual Awakening.

Our conscious mind is a virtual store of all our emotions and sensations from the past. Panch Koshas allows us to enhance and strengthen our physical health. It allows to heal within.

Meditation in form of Mudra

Our body is a mini world made of five elements, Agni (Fire), Vayu (Air), Akasha (Sky), Bhumi (Earth) and Jala (Water); and when there is disturbance in these elements, it can lead to an imbalanced mind and cause our body to suffer from diseases.

While it can be restored with the physical postures, bring awareness to the body and mind it can help us balance all these elements within ourselves.

Mudra is a hand gesture that guides the energy flow to specific areas of the brain. It is done in conjunction with breathing to increase the flow of Prana in the body. By practicing it, a connection is developed with the patterns in the brain that influences the unconscious reflexes in different parts of body. The internal energy is, in turn, balanced and redirected, creating an impact on the sensory organs and glands veins.



Stay afresh !

We live in a culture that glorifies all-nighters and partying till dawn. Our brain is like a muscle which needs flexing to keep our mind and body intact.

Exercising in fresh air increases health benefits. People have forgotten to exercise in fresh oxygen as it is important for our mind, body and soul. Nowadays, everyone exercises in gym which doesn't allow our mind to stay afresh. We focus on staying healthy but if our mind is not afresh then physical health is of no use. Keeping your mind and body engaged with each other is necessary when you exercise.



ENGLISH FOR COMMUNICATION

(Speaking, Reading, Writing, Listening)



Course Code	Course Name	Course Credit
18UCCS101/201	English for Communication (EFC)	4
	1 & 2	02

Program Objective

- To employ competence and understanding of appropriate range of verbal and-skills in a wide variety of specified situations.
- To interact with individuals, groups and specified simulated audiences effectively.
- To present and summarize a range of information, ideas, concepts and opinions from a variety of sources

Syllabus

Module No	Title	Planned Hour
1	Mapping Test & Self Introduction	02
2	Orientation	02
3	Listening Skills	04
4	Speaking Skills	08
5	Reading Skills	04
6	Writing Skills	04
7	Vocabulary	06
8	Grammar	04
9	Personality Development	04
10	Intercultural Communication	02



Program Time Table

Weekly Time Table		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
School	9 to 10	VSKA	ISBJ	VSKA	ISBJ	SFT	SVS	CFT	IOD	SVS	CFT	SOA-2	SOA-1
Trainer		Ashok	Surbhi	Ashok	Surbhi	Nilanjona	Surbhi	Ashok	Nilanjona	Surbhi	Ashok	Ashok	Nilan
School	10 to 11	VSKA	ISBJ	VSKA	ISBJ	SFT	SVS	CFT	IOD	SVS	CFT	SOA-2	SOA-1
Trainer		Ashok	Surbhi	Ashok	Surbhi	Nilanjona	Surbhi	Ashok	Nilanjona	Surbhi	Ashok	Ashok	Nilan
School	11 to 12					SFT				SOA -2	SOA-1		
Trainer						Nilanjona				Ashok	Nilanjona		
School	12 to 01									SOA-2	SOA-1		
Trainer										Ashok	Nilanjona		
School	01 to 02												
Trainer													
School	02 to 03		ISBJ	CFT	ISBJ	SFT	ISBJ			ISBJ		SFA -1	SFA 2
Trainer			Surbhi	Ashok	Surbhi	Nilanjona	Ashok			Surbhi		Surbhi	Ashok
School	03 to 04		ISBJ	SFT	ISBJ	SFT	ISBJ			ISBJ	CFT	SFA-1	SFA 2
Trainer			Surbhi	Nilanjona	Surbhi	Nilanjona	Surbhi			Surbhi	Ashok	Surbhi	Ashok
School	04 to 05			SFT							CFT		
Trainer				Nilanjona							Ashok		

Note: The above mentioned schedule is subject to change as per Institutes' requirement.

NM: Prof. Nilanjona Mukherjee

AG: Prof. Ashok Ghuge

SS: Prof. Surbhi Sharma

Evaluation Matrix

Sr. No.	Parameters	Nature	Marks
1	Listening	Internal	15
2	Reading	Internal	15
3	Writing	Internal	20
4	Speaking	External	20
5	Workbook	Internal	20
6	Attendance	Internal	10
Total			100



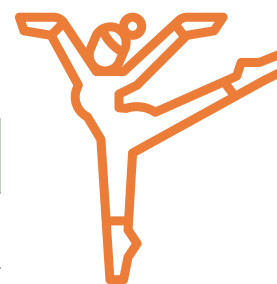
Sr. No	Institute Abbreviations	Institute Names
1.	VSKA	Vishwashanti Sangeet Kala Academy
2.	CFT	College of Food Technology
3.	SFT	School of Film and Television
4.	ISBJ	International School of Broadcasting and Journalism
5.	SOA	School Of Architecture
6.	SFA	School of Fine Arts
7.	SBSR	School of Bio - Engineering Sciences and Research
8.	SVS	School of Vedic Sciences
9.	SOH	School of Humanities
10.	IOD	Institute of Design
11.	SOE	School of Engineering

“ The purity and control over thoughts and beliefs is the bridge to success. ”



HEALTH PRACTICES

(Yoga, Gym, Physical Training)



Course Code	Course Code	Course Code
18UCCS102/202	Health Practices 1 & 2	4

Program Objective

The School of Holistic Development endeavours to polish the personality of the students by developing good physical health, mental alertness, discipline and emotional stability through the component of Health Practices. In order to nurture this, the school offers programs consisting of Yoga, Gym & Physical Training.

Syllabus

Sr. No	Component	Syllabus details	Planned Hours
1	Yoga	Introduction to concepts, Warm up exercises, Suryanamaskar, Yoga Aasnas, Pranayam, Ashtanga Yoga, Meditation	10
2	Gym	Rotation Exercises - Warm up, Stretching, Upper body, Lower body, Core strength, Relaxing	10
3	Physical Training	Introduction, General Endurance exercises, Speed Training, Strength Training, Developing the general agility, flexibility, mobility.	10

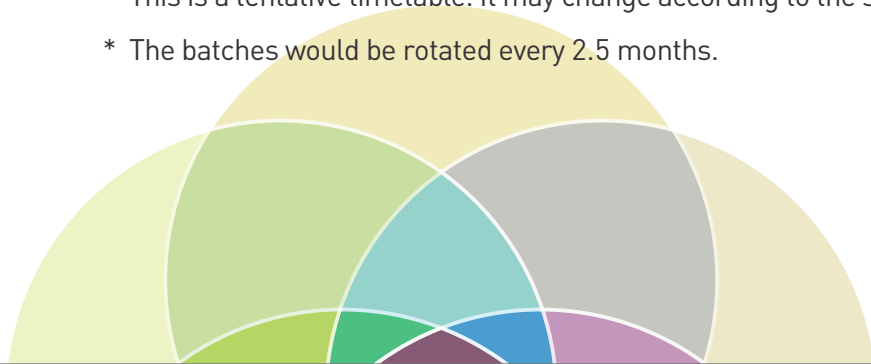
Timetable

Time : 9:00 to 11:00 AM

Days	Yoga Batches	Gym Batches	Physical Training Batches
Monday	A2, F1	J1, D1	E1, A1
Tuesday	A4	B1, D2	E2, A3
Wednesday	A5, A6	I1	G1, D3
Thursday	H1	H2, H3	H4, A8
Friday	A10, A11	C1, K1	C2, A9

* This is a tentative timetable. It may change according to the slots of the institutes.

* The batches would be rotated every 2.5 months.





Evaluation Matrix Yoga

Sr. No.	Evaluation	Criteria of Evaluation	Nature of Evaluation	Allocation of marks
1	Yoga	Surya Namaskar	Internal	20
		Nadi Shodhana Pranayam		20
		Aasanas (2)		20
2	Grace Marks	Viva	Internal	20
		Good conduct, Attire & Attendance		20
Total				100



Evaluation Matrix Gym

Criteria of Evaluation	Nature of Evaluation	Allocation of marks
Sit Ups		30
Push Ups	Internal	30
Flexibility		20
Good conduct, Attire & Attendance	Internal	20
Total		100



Evaluation Matrix Physical Training

Criteria of Evaluation	Nature of Evaluation	Allocation of marks
Running (800 meters)		30
Pull Ups	Internal	30
Standing Broad Jump		20
Good conduct, Attire & Attendance	Internal	20
Total		100

Institute Codes

Institute Code	Institute Name
A1 – A11	School of Engineering
B1	School of Bio Engineering Science & Research
C1, C2	School of Fine Arts & Applied Arts
D1 – D3	International School of Broadcasting & Journalism
E1, E2	College of Food Technology
F1	School of Architecture
G1	Vishwashanti Sangeet Kala Academy
H1 - H4	Institute of Design
I1	College of Management
J1	School of Vedic Sciences
K1	School of Film & Television

Faculties

Health Component	Instructors
Yoga	Vikramsingh Tomar
Gym	Mr. Deepak Thakur
	Mr. Hemant Gaikwad
	Ms. Sheetal Gaikwad
	Mr. Somnath Misal
Physical Training	Mr. Rampal Singh Mr. Anand Singh
SHD Co-ordinator	Mr. Suraj Aiwale



Everything you need, your courage, strength, compassion and love; everything you need is already within you.
The Mind is everything, what you think you become.
- Buddha



ADT TALK 2019

ADT TALK show is organized by SHD every year in Persona Fest



“The human brain starts working the moment you are born and never stops until you stand up to speak in public.”
- George Jessel

Objectives of ADT TALK :

- 1) A step towards creating 'Winning Personalities'.
- 2) Discover speaking skills the students already have and skills that need some grooming.
- 3) Enable the students to speak before an audience.
- 4) Make them aware of paralinguistic features in communication.

Most of the students have had the terrifying experience of freezing up when asked to speak unexpectedly. This is an identified glitch among students which needs to be addressed to evolve their public speaking skills. To help our students transmute their communication abilities, we have been advised by our executive president Hon. Dr. Mangesh Karad Sir and our Vice Chancellor Hon. Dr. Sunil Rai sir to conduct ADT TALK Super Speaker Oratorical

Championship, which is an exclusive effort for students who are enthusiastic and want to be proficient in English Communication. Beyond communication, ADT TALK program targets listening, critical thinking, giving feedback, time management, planning and implementation, organization and delegation, facilitation, mentoring, motivation, and team-building. The main focus of this event will be to help the students to improve their English communication.

Schedule

Sr. No	Event	Tentative Date
1.	Announcement of ADT Talk (2019 - 20)	August 2019
2.	Commencement of ADT Talk	August 2019
3.	Audition Rounds at Multiple Institutes	September 2019 onwards
4.	Preliminary Round	January 2020
5.	Final Round	February 2020 (Persona Fest)



ADT Talk FAQs

- 1) **What is ADT Talk?**
ADT Talk is a super speaker oratorical championship that will give students an exceptional opportunity to apply their public speaking skills in front of an August audience.
- 2) **When is the event happening?**
ADT Talk is a multi-round event. It will commence in the month of August and the final round will be held during the Persona Fest 2020.
- 3) **Who can participate in the event?**
Any student from first year to final year (Undergraduates) of MIT-ADT University can participate in the event.
- 4) **Is there any entry fee for the participants?**
No, the entry is free.
- 5) **How many rounds are there in the event?**
There will be three rounds. 1) Audition 2) Preliminary 3) Final



Audition Round

It is the screening round wherein 90 students will qualify for the next round.

Preliminary Round

There are 3 slots in this round. 30 students will participate in each slot, hence 90 selected students from the audition round. 09 students will qualify for the final round.

Final Round

The final round will be held among 09 selected participants during Persona Fest 2019



- 6) **Are there any mentoring sessions?**
Yes, mentoring sessions will be organized for the preliminary and final round qualified participants.
- 7) **Who will provide the topics?**
SHD will provide the topics to students through coordinators well in advance.
- 8) **How much time is allotted to deliver the speech?**
Each participant will get 3 minutes to deliver a speech for audition round.
- 9) **Can we take help from someone in the preparation of speech?**
Participants can take help from anyone. However, they have to be careful about plagiarism.
- 10) **Can we refer to notes or prepare power point presentation?**
Participants are not allowed to refer to any notes or power point presentations.
- 11) **How many students will be selected for preliminary round and final round?**
90 participants will be selected through audition round out of the total enrolled students. From each preliminary round 3 students will be selected for final round. Final round will be among nine participants in Persona Fest 2019.
- 12) **What will be the number of audience during the speech for all rounds?**
There will be limited number (30-40) for audition round but we are expecting large number of audience (100-200) for preliminary round. Final round will be held during Persona Fest 2019.
- 13) **What will be the nature of Prize?**
All the participants will get a participation certificate including students participating in the audition round. The nine participants in the final round will be awarded as Winner (Cash Prize, Big Trophy and Certificate) and Runner up (Cash Prize, Trophy and Certificate) and other seven participants will receive consolation prize with trophy. One revolving trophy will be awarded to the constituent unit of the winner.
- 14) **Who will judge the events?**
The faculty of English & Communication in ADT University will judge the audition round. The judges for preliminary and final round will be external invitees.
- 15) **What if participant extends the time limit?**
If participant extends the time limit, it will affect the total score.
- Note:** All rights are reserved with SHD in case of any change in the conduct of event.



2

nd
Year
Courses

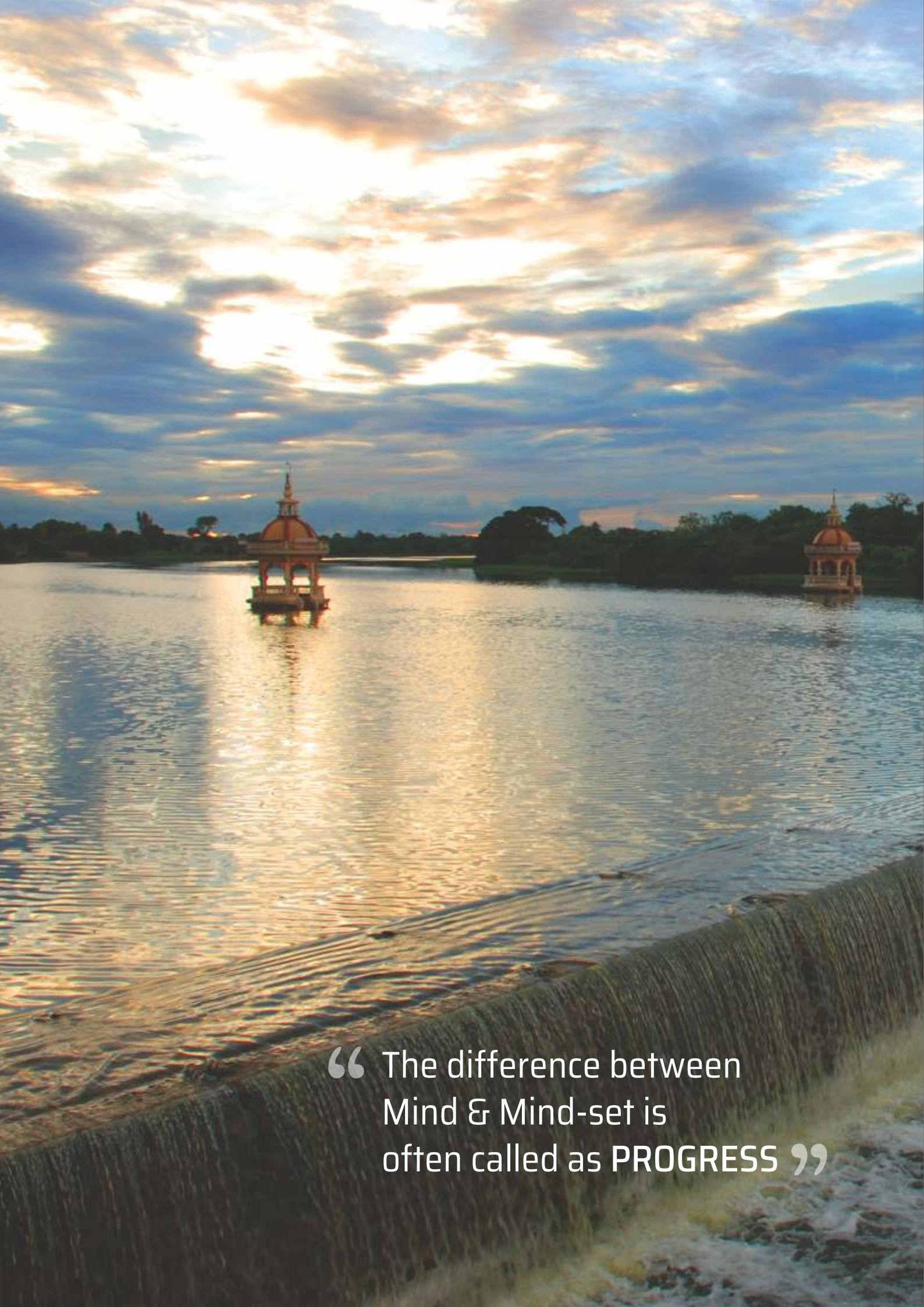
UNIVERSITY COMMON ELECTIVES

- **Spirituality & Value Education**
- **Foundation Course in Performing Arts**
(Vocal Music, Dance, Instrumental, Drama)
- **Foundation Course in Creative Arts**
(Drawing & Painting, Sculpture, Print Making, Photography)
- **Library Pursuit**
- **Design**
- **Technology for Arts**
- **Managerial Practice for Arts**



(Semester III & IV) 1.5 Credits Per Semester





“ The difference between
Mind & Mind-set is
often called as **PROGRESS** ”

UNIVERSITY COMMON ELECTIVES



Semester	Course Code	Course Name	Course Credit
3 & 4	19UCCV301 / 401	Spirituality & Value Education 1& 2	3

Course Objectives:

To achieve a rational understanding of concepts important to guide one's life and conduct smoothly, efficiently and purposefully. Acquire the discrimination necessary to make beneficial choices in life and handle difficulties without stress, anxiety or depression.

Time Table:

Every student will spend 2 complete days for Workshop and 1 complete day in Seva. Students will also attend sessions on Spirituality and Value Education

Faculty List:

- Dr. Sai Susrala
- Prof. Sagar Vidhwans
- Prof. Divya Nair
- Dr. Anand Godse
- Prof. Zeba Ali

SEVA to be conducted for 3 Saturdays per semester.

Time table for additional sessions to be shared separately.

Student will choose one program from the list of University Common Electives (UCE) courses given below:





FOUNDATION COURSE IN PERFORMING ARTS (Vocal Music, Dance, Instrumental, Drama)



Sr. No.	Course Code	Course Name	Total Credits
1	19UCEP301/401	Indian classical Vocal	4
2	19UCEP302/402	Light classical & Popular music vocal	4
3	19UCEP303/403	classical (Kathak)	4
4	19UCEP304/404	Folk Dance	4
5	19UCEP305/405	Harmonium/ Keyboard	4
6	19UCEP306/406	Tabla	4
7	19UCEP307/407	Guitar	4
8	19UCEP308/408	Drama	4



Course Objectives:



Music

Music has always been an important part of Indian life. The range of musical phenomenon in India extends from simple

melodies to what is one of the most well- developed "systems" of classical music in the world. There are references to various string and wind instruments, as well as several kinds of drums and cymbals, in the Vedas. 'Omkar' the essence of the ultimate reality, consciousness or Atma. The 'Om' sound is the primordial sound, and is called the Shabda- Brahma or Naad- Brahma. Max Muller and other scholars state that these philosophical texts recommended 'Om' as a "tool for meditation". Indian Rishi Munis inspired by the nature and created Swaras.



Dance

Dance is a performing art form consisting of purposefully selected sequences of human movement. This

movement has aesthetic and symbolic value, and is acknowledged as dance by performers and observers within a particular culture. Dance can be categorized and described by its choreography, by its repertoire of movements, or by its historical period or place of origin. Music has always been a very important part of Indian life. The range of musical phenomenon in India extends from simple melodies to what is one of the most well- developed "systems" of classical music in the world.



Drama

Acting for Stage, Screen and New Media connects the

foundation of classical theatre with innovative training for the contemporary performing artist, including on-camera techniques, voice over, motion capture, the digital landscape for actors and much more. Students are also expected to learn team work, stage daring, coordination, planning, confidence and interpersonal skills through acting skills.

Faculty List:

- Pt. Upendra Bhat (Light Vocal Music)
- Prof. Rajesh Deshmukh (Tabla)
- Prof. Tajashree Gosavi (Folk Dance)
- Prof. Nayna Deo (Kathak Dance)

- Dr. Jabbar Patel (Drama)
- Prof. Rahul Ballal (Guitar)
- Prof. Shreyasee Chatterjee (Vocal Music)

Evaluation Matrix:

Semester	Course Code	Course Name	Total Credits
1.	Attendance & Concentration	Interaction and asking Questions in the class.	10
2.	Improvisation & interest towards Music	Performance in the class	10
3	Stage Appearance	Confidence, Body Language, Facial Expression, Dressing Sense etc.	10
4.	Students Evaluate each other	Students will be divided in groups. And they will evaluate each other on basis of their Stage Performance in various Programmes during the Course.	10
5.	Multiple Choice Questions	10 Questions x 1 Marks	10
6.	Assignment	Students will attend and participate various Cultural Programmes and they will share their experience, photos, selfe and data in a practical book.	20
7	Overall Performance	Stage Performance	30
	Total		100

None can destroy iron, but its own rust can.
Likewise, none can destroy a person, but
his own mindset can.

- Ratan Tata





FOUNDATION COURSE IN CREATIVE ARTS (Drawing & Painting, Sculpture, Print Making, Photography)

Sr. No.	Course Code	Course Name	Total Credits
1	19UCEC301/401	Drawing & Painting	4
2	19UCEC302/402	Sculpture (clay & modelling)	4
3	19UCEC303/403	Print Making	4
4	19UCEC304/404	Photography (still +Video)	4
5	19UCEC305/405	Architecture for smart living	4

Course Objectives:



Drawing and Painting:

Drawing is one of the oldest form of human expression with evidence for its existence. Drawing is a form of visual art in which a person uses various drawing instruments to make beautiful painting. Drawing is not only a wonderful art form in itself but it is also an excellent exercise for other forms of art. It is a passion which is born when you were born. In drawing and painting course art works are created by drawing, sketching, colouring with innovative ideas and nurture new concepts. The drawing and painting course offer a wide range of skills, imaginations and specialism for all levels beginners.



Sculpture:

In sculpture course 3D art work created by shaping or combining materials may be removal such as carving or students may do application of clay, or assemble such as gluing. Sculpture lessons include forming, carving, gloving, and application and make objects such as clay, soap, paper etc.

The sculpture courses offer a wide range of skills and specialism for all levels beginners.



Print Making:

While most types of artwork are known for being single pieces that can never be replicated in exact detail, printmaking is a type of art that utilizes the ability to create multiple copies of a piece of art.

The emphasis is on the design, not the variety of surfaces that it is applied to. Typically, printmaking uses a some kind of ink or paint to make the design on a surface whether it be paper, cloth, or another medium. Printmaking can be divided into four basic categories: relief, intaglio, planography, and stencil. The Printmaking courses offer a wide range of skills and specialism for all levels beginners.





Architecture:

To train students to undertake initiatives in the efficient management of natural resources and the prevention of environmental pollution with focus on sustainable development.

To promote understanding of efforts at the industry and government level to improve environment, economy and the quality of life of biotic and abiotic Communities.



Photography:

Photography is a medium that helps Students to communicate effectively, in this course, students have to understand basic tools of camera, supportive equipment's & how to use in outdoor & in indoor.

Faculty List:

- Dr. Priyanka Saxena (Drawing & Painting)
- Prof. Kiran Kajale (Photography)
- Prof. Rama Subramanyam (Sculpture)

To Students will understand the creative, critical and technical skills

To understand different light conditions, as well as different subjects of photography

Evaluation Matrix:

Semester	Course Code	Course Name	Total Credits
1.	Attendance & Concentration	interaction and asking questions about lecture	10
2.	Clarity of imagination towards subjects	Topic clarity in their art works	10
3	Uses of shades, scale and dimensions	Right proportion and balance in drawing	10
4.	Imagination and creativity	By seeing different ideas and visual effects	10
5.	Neatness and finishing	Beautification and clarity of lines, forms, shapes, tone	10
6.	Overall performance	Class performance of students	10
7	Multiple choice question about basic and fundamentals	20 question each 1 mark	20
8	Assignment display and presentation	Students will display their art works and will explain confidently their experience towards assignments	20
	Total		100





Sr. No.	Course Code	Course Name	Total Credits
1	19UCCEL301/401	Literary Sensibility for Enhanced personality	4
2	19UCCEL302/402	Intercultural Appreciation and Exchange	4

Course Objectives:

At the end of the session students will be able to:

- Develop the literary and aesthetic sense of the students.
- Acquaint with different culture, traditions, and values through literary work.
- Express their emotions through various ways of expressions.
- Showcase their talent through literature.
- Enrich their linguistic abilities.
- Appreciate various forms of literature
- Develop sensitivity towards the work of various authors.
- Express themselves through various forms of literature.
- Differentiate between ages of English literature.

The course will cover following components related to English literature:

- Elements of Literature: Comprehending the importance of the various elements of literature
- Folk Literature: Analysis of folk literature of India with countries abroad
- Short Stories: Apprehending and appreciating short stories as a form of literature with reference to style, diction and characters, culture and setting



Faculty List:

- Dr. Priya Singh

Evaluation Matrix:

Sr. No.	Type of Assessment	Description of Assessment	Marks	Weightage
1.	Formative	Workbook Activities	20	
2.	Formative	Report of the visits	20	40%
3	Summative	Drama/ One act play / Street play / Skit (Jury evaluation), Poetry / Essay Competition (Jury evaluation)	60	60%
	Total		100 M	100%



DESIGN

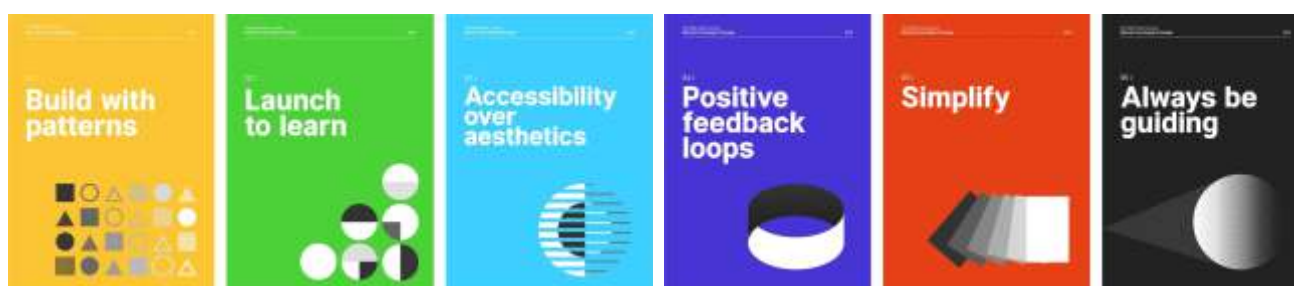
Sr. No.	Course Code	Course Name	Total Credits
1	19UCED301/401	Practice of design	4

Course Objectives:

1. To introduce design thought in students
2. To inculcate creativity
3. To give student the research, writing, and critical reasoning skills you need to effectively develop and share your ideas and concepts.

Faculty List:

Dr. Anant Chakradeo
Prof. Dhimant Panchal



Evaluation Matrix:

Sr.No.	Evaluation rubrics	Details	Marks
1.	Attendance & Concentration	Interaction and questions answer about lecture	10
2.	Clarity of imagination towards subjects	Topic clarity in their assignments	10
3	Uses of Design Fundamentals	Effective use of Design Principles	10
4.	Imagination and creativity	Conceptualization and Representation skills	10
5.	Neatness and finishing	Quality of presentation	10
6.	Overall performance	Class performance of students	10
7	MCQ about basic & fundamentals, test at the time of session ending	10 question each 1 mark	10
8	Activeness / Involvement	Taking efforts & interest during assignments	10
9	Assignment display and presentation	Students will display their work and will explain confidently their experience towards assignments	20
	Total		100



TECHNOLOGY FOR ARTS

Sr. No.	Course Code	Course Name	Total Credits
1	19UCET301/401	Sound Recording and Enhancement Technology	4
2	19UCET302/402	Technology Trends in Video Recording	4
3	19UCET303/403	Commercial Presentation Tool	4

Course Objectives:

To make students aware about

1. Technical insights of sound and music.
2. Instruments and its specifications.
3. Sound recording History and technology evolution.

Faculty List:

- Dr. Ashish Panat
- Dr. Reena Gunjan

Evaluation Matrix:

Sr.No.	Evaluation rubrics	Details	Marks
1.	Attendance & Concentration	Interaction and questions answer about lecture	10
2.	Clarity of imagination towards subjects	Topic clarity in their assignments	10
3	Project	Presentation	30
4.	Overall performance	Conceptualization and Representation skills	20
5.	MCQ about basic & fundamentals	10 question each 1 mark	10
6.	Activeness / Involvement	Taking efforts & interest during assignments	10
	Total		100





MANAGERIAL PRACTICE FOR ARTS

Sr. No.	Course Code	Course Name	Total Credits
1	19UCEM301/401	Marketing, Branding & Promotion	4
2	19UCEM302/402	Setting up your own Enterprise	4
3	19UCEM303/403	Event Management	4

Course Objective:

1. Marketing, Branding & Promotion

- To sensitize non-technical students of the University to the essentials of brand management and promotion in the larger pursuit of enhancing their self-employability and entrepreneurial skills.
- To sensitize students to the purpose of branding, role of brand, its concepts, role of advertising in branding and its other concepts related to branding.
- To get hands on experience in Digital Marketing.

2. Event Management

- To make students aware of concepts and various aspects of event management.
- To equip students with broad understanding of basic function of management of event.
- To train student on the specific nature of event management with other business activities and its challenges.

Faculty List:

- Dr. Vivek Singh
- Dr. Karuna Gole



Evaluation Matrix:

Sr.No.	Evaluation rubrics	Details	Marks
1.	Attendance & Concentration	Interaction and questions answer about lecture	10
2.	Clarity of imagination towards subjects	Topic clarity in their assignments	10
3	Project	Presentation	30
4.	Overall performance	Conceptualization and Representation skills	20
5.	MCQ about basic & fundamentals, Test at the time of session ending	10 question each 1 mark	10
6.	Activeness / Involvement	Taking efforts & interest during assignments	20
	Total		100

TIME TABLE FOR SECOND YEAR - UCC

Sr No	Code	Program	Courses	Mon		Tue		Wed		Thurs		Fri		Sat					
				Civil	CSE	IT	Aero	ECE	Mech	SVS	COM	CFT	SOA		SBSR	SFA	SFT	IOD	ISBJ
UCC	19UCCV301	SVE	Spirituality and Value Education	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
	19UCEP301	PA - Vocal	Vocal - Indian Classical	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
	19UCEP302		Light Classical & Popular Music	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
	19UCEP303	PA - Dance	Dance - Classical (Kathak)	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
	19UCEP304		Folk Dance	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
	19UCEP305	PA - Instrument	Harmonium / Key-Board	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
	19UCEP306		Tabla	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
UCE	19UCEP307		Guitar	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
	19UCEC301	CA - Draw	Drawing & Painting	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
	19UCEC302	CA - Sculpt	Sculpture Clay Modelling	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
	19UCEC304	CA - Photo	Still Photography	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
	19UCEL301	LP	Literary Sensibility for Enhanced Personality	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
	19UCED301	Des	Practice of Design	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
	19UCET301	TFA	Sound Recording and Enhancement Technology	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--
	19UCEM301	MFA	Marketing, Branding & Promotion	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

SEVA to be conducted for 3 Saturdays per semester.
Time table for additional sessions to be shared separately

Student will attend class of 2 hours per week.

3

rd
Year
Courses

UNIVERSITY COMMON COMPULSORY

- **Foreign Language**

(Semester V & VI) 2 Credits Per Semester







Managerial Practice for Arts

Sr. No.	Course Code	Course Name	Total Credits
1	20UCEF501 / 601	Spanish	4
2	20UCEF502 / 602	French	4
3	20UCEF503 / 603	German	4
4	20UCEF504 / 604	Mandarin	4
5	20UCEF505 / 605	Japanese	4
6	20UCEF506 / 606	Arabic	4

Entrepreneurship

Sr. No.	Course Code	Course Name	Total Credits
1	20UCCA501 / 601	Entrepreneurship	3

Atal Incubation Centre (AIC) : MIT- ADT

Atal Innovation Mission (AIM) is a flagship initiative set up by the NITI Aayog, Govt. of India to promote Innovation and Entrepreneurship across the length and breadth of the country. Its objective is to serve as a platform for promotion of world-class Innovation Hubs, Grand Challenges, Start-up businesses and other self-employment activities, particularly in technology driven areas.

AIC-MIT-ADT is an umbrella organization hosted by MIT-ADT University to promote the Entrepreneurship and Innovation. It is one of the first Institutions supported by AIM, NITI Aayog, and

Govt. of India at any private university across Maharashtra. With an intent to promote and create a 'social fabric of Entrepreneurship' by leveraging Technology, its main objective is to build the ecosystem of Entrepreneurship.

By engaging the power of various schools at MIT-ADT University, AIC-MIT-ADT will incubate the potential founders and support them by building a 'Learning Culture'. It aims to build a community that nurtures the IDEA (Innovation, Design Thinking, Entrepreneurship, Arts) among the Next Generation of Entrepreneurs.

Vision:

To be a globally respected incubator that provides world class ecosystem to promote Entrepreneurship and Innovation.

Dr. Mohit Dubey (CEO)

mohit.dubey@mituniversity.edu.in



“ The ability to observe without evaluating is the highest form of INTELLIGENCE ”

J. Krishnamurti

School of Holistic Development Mentors



Prof. Sunita Karad



Dr. Jabbar Patel



Prof. Anant Chakradeo



Pt. Adinath Mangeshkar



Prof. Dhimant Panchal



Dr. Sai Susarla



Dr. Jayashree Fadnavis



Dr. Asawari Bhawe



Dr. Milind Dhobley

School of Holistic Development Core Team



Prof. Padmakar Phad
Director, Sports



Dr. Charulata Londhe
SHD Program Chief Co-ordinator



Prof. Ravi Kiran Kulkarni
CDC Chief Co-ordinator



Mr. Sunil Deshmukh
Health & Sports Chief Co-ordinator



Prof. Meghana Garge Bombrah
1st Year Head of Department



Prof. Rajesh Deshmukh
2nd Year Head of Department

School of Holistic Development Team



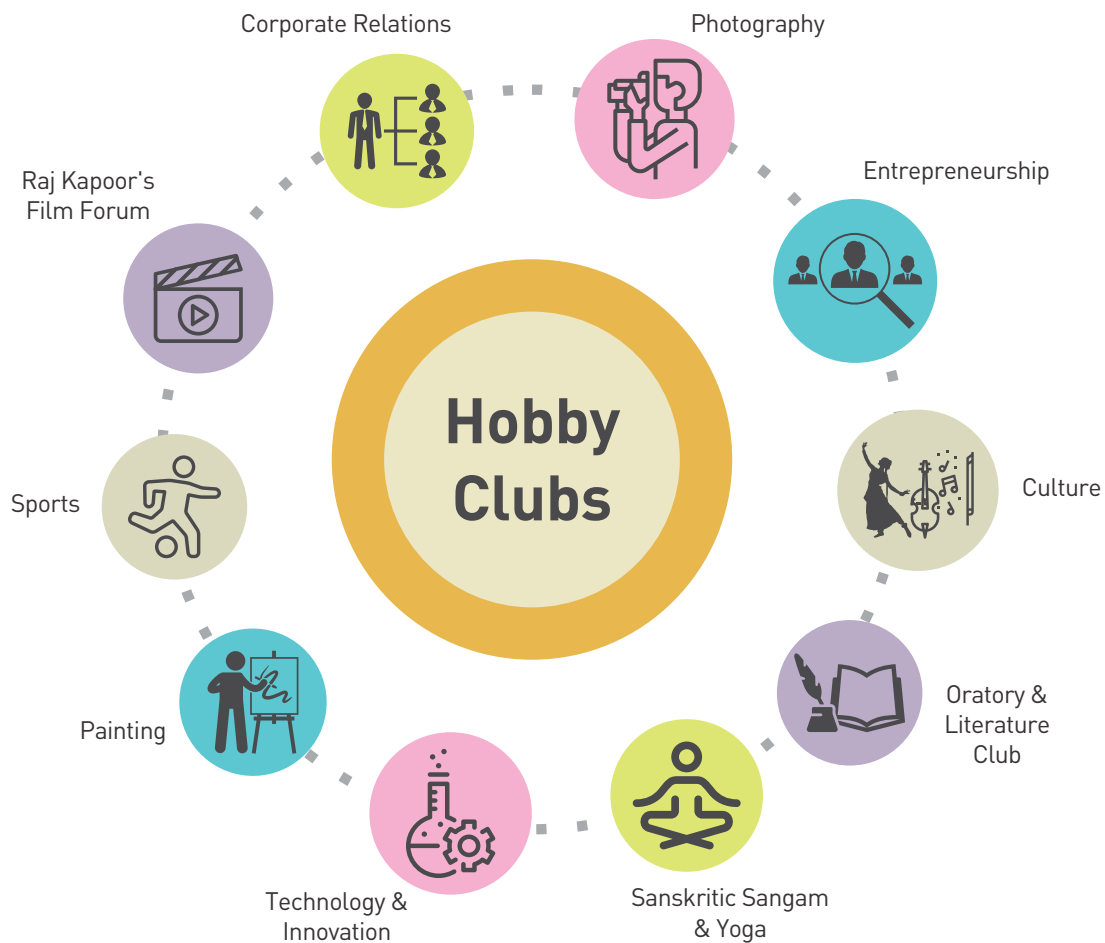
BOS Members

Core Team	Members of 1st Year	Members of 2nd Year
Dr. Jayashree Fadnavis	Dr. Jayashri Nalkar	Pt. Adinath Mangeshkar
Dr.Z. N. Patil	Dr. Amit Kulthe	Prof. Samar Nakhate
Ms. Juuhi Raai	Prof. Rajabhau Patil	Prof. Dhimant Panchal
Mr. Padmakar Phad	Prof. Shilpa Vohra	Prof. Anant Chakradeo
Dr. Charulata Londhe	Prof. Neelam Bhosale	Dr. Geeta Thakur
Prof. Ravikiran Kulkarni	Prof. Ashok Ghuge	Dr. Anand Godse
Prof. Meghana Garge Bombrach	Mr. Sunil Deshmukh	Prof. Parag Shelke
Prof. Rajesh Deshmukh	Prof. Swapnil Shirasath	Prof. Rajendra Thackeray
Dr. Sai Susarla	Dr. Sushrutha	Smt. Aboli Abhyankar Thatte









MIT-ADT
UNIVERSITY
 PUNE, INDIA
 A leap towards World Class Education

School of Holistic Development

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